

Ultrasound is a safe and painless way of visualizing structures inside the body using sound waves. Ultrasound or sonography uses a small transducer or probe and a gel that is applied to your skin. This technology can be used to evaluate many organs including the liver, pancreas, spleen, kidneys, and reproductive organs. Even blood vessels in your neck, legs, abdomen, or arms can be assessed using Ultrasound.

HOW TO PREPARE FOR AN ULTRASOUND

You may be asked to wear a gown.

Procedure	Preparation
Gallbladder, Pancreas, Aorta	Nothing to Eat or Drink for 8 Hours Prior to Study
Abdomen, Liver	Nothing to Eat or Drink for 8 Hours Prior to Study
Renal Artery Doppler	Nothing to Eat or Drink for 8 Hours Prior to Study
Shear Wave Elastography - Liver	Nothing to Eat or Drink for 8 Hours Prior to Study
Venous Doppler	No Preparation Needed
Echocardiogram	No Preparation Needed
Arterial Doppler	No Preparation Needed
Carotid Doppler	No Preparation Needed
Thyroid	No Preparation Needed
Pelvic: Trans-Vaginal (Female)	No Preparation Needed
Pelvic: Trans-Abdominal (Female)	Drink 40 Oz. of Fluid 1 Hour Prior to Study; Don't Empty Bladder
US Pelvic Complete (Female)	Drink 40 Oz. of Fluid 1 Hour Prior to Study; Don't Empty Bladder
Renal and/or Bladder	Nothing to Eat for 8 Hours Prior to Study; Drink 40 Oz. of Fluid 1 Hour Prior to Study; Don't Empty Bladder

Arrange for someone to watch your children in the Waiting Room during your exam; you may not bring children into the exam room.

Please arrive 15- 20 minutes early for your appointment in order to have time to fill out the paperwork associated with your Imaging exam.

The technologist will be happy to answer all of your questions before your exam.